

AI Prompt Pack for Nurses

8 copy-paste prompts for writing, studying and workplace communication. No patient data. No clinical advice.

Read this first. Never put patient data (PHI) into an AI tool: no names, dates of birth, record numbers, room numbers, photos, or details that could identify someone. Follow your employer's AI policy and HIPAA. AI is not clinical decision support. Do not use these prompts for diagnosis, dosing, triage or care decisions. Every prompt in this pack is for administrative, writing and study tasks only.

This free pack gives you 8 copy-paste prompts for the writing and studying side of nursing: patient-education drafts, lower-reading-level rewrites of approved handouts, blank shift-handoff templates, NCLEX practice, flashcards, work emails, policy summaries and review preparation.

Every prompt is built so the AI never sees patient information and never makes a clinical call. Fill in the [BRACKETS], paste the prompt into a tool your employer allows, and treat the answer as a first draft. AI can make mistakes and invent facts, so a clinician must check anything health-related against approved sources.

How to use these prompts

1. Check your employer's AI policy first. Use only the tools it allows.
2. Replace every [BRACKET] with general information. Never type a patient's name, birth date, record number, room, photo or any detail that could identify them.
3. For anything clinical (a patient handout, a study answer), verify it against your facility's approved references before you use it. The AI is not the source.
4. Ask follow-ups such as "shorter", "friendlier" or "at a 6th-grade reading level", then edit it in your own voice.

What's inside

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| → 1. Patient-education draft at a plain reading level | → 2. Rewrite an approved handout at a lower reading level |
| → 3. Blank shift-handoff template | → 4. NCLEX-style practice questions |
| → 5. Flashcards from your own study notes | → 6. Work email to a manager or educator |
| → 7. Summary of a public policy or article | → 8. Self-evaluation and review preparation |
| → Safety checklist | |

The 8 prompts

01 Patient-education draft at a plain reading level

When to use it: Starting a handout on a general topic, for a clinician to verify.

Write a draft patient handout titled "[GENERAL TOPIC, e.g., how to use a home blood pressure cuff]" at about a [6th]-grade reading level. Use short sentences and headings. Include: what it is, steps in plain words, when to call the care team (leave this section as a blank for me to fill from our approved material: [CARE TEAM CONTACT SECTION]), and 3 questions patients might ask. Do not include doses, diagnoses or medical advice that I did not supply. Mark any statement that needs clinical verification with [VERIFY].

TIP A clinician must verify every line against your facility's approved patient-education materials before it is handed to anyone.

02 Rewrite an approved handout at a lower reading level

When to use it: You already have approved text and want simpler wording.

Rewrite the text below at about a [6th]-grade reading level. Keep every fact exactly as written and do not add, remove or reorder medical information. Replace long words with short ones, split long sentences, and use bullets where helpful. Afterwards, list any places where simplifying might have changed the meaning. Text: [PASTE ONLY APPROVED, GENERAL TEXT WITH NO PATIENT INFORMATION]

TIP Compare the new version with the original side by side, and get it re-approved if your facility requires that for edited materials.

03 Blank shift-handoff template

When to use it: Designing the structure of a handoff sheet or checklist. Never fill it with real patients.

Create a blank shift-handoff template for a [UNIT TYPE, e.g., medical-surgical] unit that I can print or put in a document. Use clear section headings in this order: [YOUR FACILITY'S STRUCTURE, e.g., Situation, Background, Assessment, Recommendations]. Under each heading, leave empty fill-in lines and add a short reminder of what belongs there. Do not include any patient names, example patients or clinical values. The template must be a blank form only.

TIP Check the layout against your unit's required handoff tool and policy, and never type real patient details into the AI while refining it.

04 NCLEX-style practice questions

When to use it: Studying a concept and testing yourself.

Write [5] NCLEX-style multiple-choice practice questions about [NURSING CONCEPT, e.g., prioritization and delegation]. Use made-up scenarios with no real patient details. For each question give four options, the answer, and a short rationale. Tell me clearly if you are unsure about any answer so I can look it up in my textbook or the official test plan.

TIP AI can get answers wrong. Confirm with your textbook, instructor and the official NCLEX test plan, and treat the questions as practice only.

05 Flashcards from your own study notes

When to use it: Turning notes you wrote into quick review cards.

Turn the study notes below into [15] flashcards in a "Front: ... / Back: ..." format. Use only information in my notes and do not add new facts. If something in my notes looks unclear or inconsistent, list it separately at the end so I can check it. Notes: [PASTE YOUR OWN STUDY NOTES]

TIP Notes with typos become flashcards with typos. Check each card against your course materials.

06 Work email to a manager or educator

When to use it: Asking about schedules, education time or a process question.

Write a short, polite email to my [NURSE MANAGER / UNIT EDUCATOR] about [REQUEST, e.g., a schedule change for [DATES] or approval for a class on [TOPIC]]. Include the reason in one sentence: [REASON]. Offer one flexible option: [OPTION]. Keep it under 120 words, professional and respectful, with a clear subject line. Do not mention any patients.

TIP Read it once as the manager would. Is the ask clear in the first two lines?

07 Summary of a public policy or article

When to use it: Getting the main points of a long document you are allowed to share.

Summarize the text below in plain English for busy nurses: 5 bullet points of key points, then 3 questions I should ask my educator or manager to clarify. Use only the text I provide. If something is unclear, say so instead of guessing. Text: [PASTE ONLY PUBLIC OR NON-CONFIDENTIAL TEXT YOU ARE ALLOWED TO SHARE]

TIP Do not paste internal policies, charts or anything confidential unless your employer has approved that tool for that use. Always read the original.

08 Self-evaluation and review preparation

When to use it: Getting ready for a performance review or goal-setting talk.

Help me prepare for my annual review. Here are my accomplishments, written without any patient information: [LIST: committees joined, certifications, precepting, process improvements]. Turn them into 5 clear bullet points in first person, then suggest 3 professional development goals related to [AREA OF INTEREST] and 3 questions I could ask my manager.

TIP Keep specifics about patients out. Describe your contributions to the team and the unit.

Safety checklist

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Run through this before every prompt and before you send or publish anything.

- ☐ Never put patient data (PHI) into an AI tool: names, dates, record or room numbers, photos, or any detail that could identify someone.
- ☐ Use only tools your employer has approved, and follow your facility's AI, privacy and social media policies.
- ☐ AI is not clinical decision support. Do not ask it about diagnosis, dosing, triage or care decisions.
- ☐ Verify every health-related statement against your facility's approved references before using or sharing it.
- ☐ Remember AI can sound confident and be wrong. Check facts, numbers and any cited sources yourself.
- ☐ If you think patient information was pasted by mistake, tell your privacy officer or supervisor right away, following your facility's process.

For what counts as PHI, what never to paste and why your employer's rules come first, see HIPAA and patient privacy for AI in the AI for Nurses hub. This pack is general information, not legal or clinical advice. <https://plainaiguide.pages.dev/ai-for-nurses-hipaa-and-patient-privacy/>

More from the AI for Nurses hub

These prompts complement our step-by-step guides.

Find them all at <https://plainaiguide.pages.dev/ai-for-nurses/>

New prompts may be added over time.

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